# JHC Leadership and Management
### Understanding and developing effective leadership

## COURSE OVERVIEW

This 3 day course is designed to teach and develop leadership skills. The course covers a range of leadership topics and touches on many areas that challenge the modern leader. The attendees are encouraged to be fully active in the course using a combination of recalled situations, discussion and one to one coaching to allow attendees to learn about different leadership and management tools. These tools are then tested during scenario driven activities.

## Understanding Leadership

- Introduction to leadership
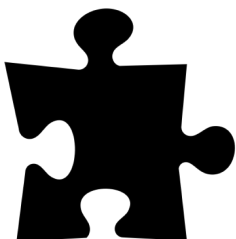- Leadership styles
- Exemplary leadership

## Effective Communication

- Open communication
- Removing barriers
- Providing structure

## Team Management

- Elements of a team
- Motivation and trust
- Scenario based team development

## Leadership Challenges

- Leading change
- Difficult situations
- Managing yourself

**CONSULTANT/TRAINER PROFILE**

Jon Holmes is an experienced leader and manager with many years leading and teaching others to lead. He has learnt how to get the most from his team and how to transfer this knowledge through effective training. A background of the military, large and small organisation management, and working offshore in a highly technical environment has given him the skills to recognise the best and worst elements of leading people to a common goal. This knowledge makes him a highly effective facilitator of personal development courses/workshops.

## WHO SHOULD ATTEND

- Contract Holders
- Safety Managers/Reps
- Office Managers
- Supervisors
- Foremen
- Trainee Supervisors