

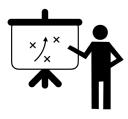
### **COURSE OVERVIEW**

This 1 day course is designed to teach leaders how to coach effectively. Understanding the coaching process is an essential skill to help develop a team and drive individuals towards success. The course looks at the coaching process and how this can be used to prepare for a successful delegation, build confidence or develop/enhance new skills. Participants should have a basic knowledge of leadership and management and some experience with team management. The course is fully interactive and will develop coaching and delegation skills.



## Challenges

- · Change management
- · Successful delegation
- · Individual development



## Strategies

- · Identifying needs
- · Monitoring success/failure
- · Managing your style



# Team Management

- · Elements of a team
- · Building trust
- · Effective delegation

### WHO SHOULD ATTEND

- · Team Leaders
- Foremen
- Office Managers
- HR Professionals

#### **CONSULTANT/TRAINER PROFILE**

Jon Holmes is an experienced leader and manager with many years leading and teaching others to lead. He has learnt how to get the most from his team and how to transfer this knowledge through effective training. A background of the military, large and small organisation management, and working offshore in a highly technical environment has given him the skills to recognise the best and worst elements of leading people to a common goal. This knowledge makes him a highly effective facilitator of personal development courses/workshops.